

# CITIES, HEALTH AND WELL-BEING

**NOVEMBER 2011**

**Ricky Burdett**

Professor of Urban Studies; Director, LSE Cities and Urban Age,  
London School of Economics

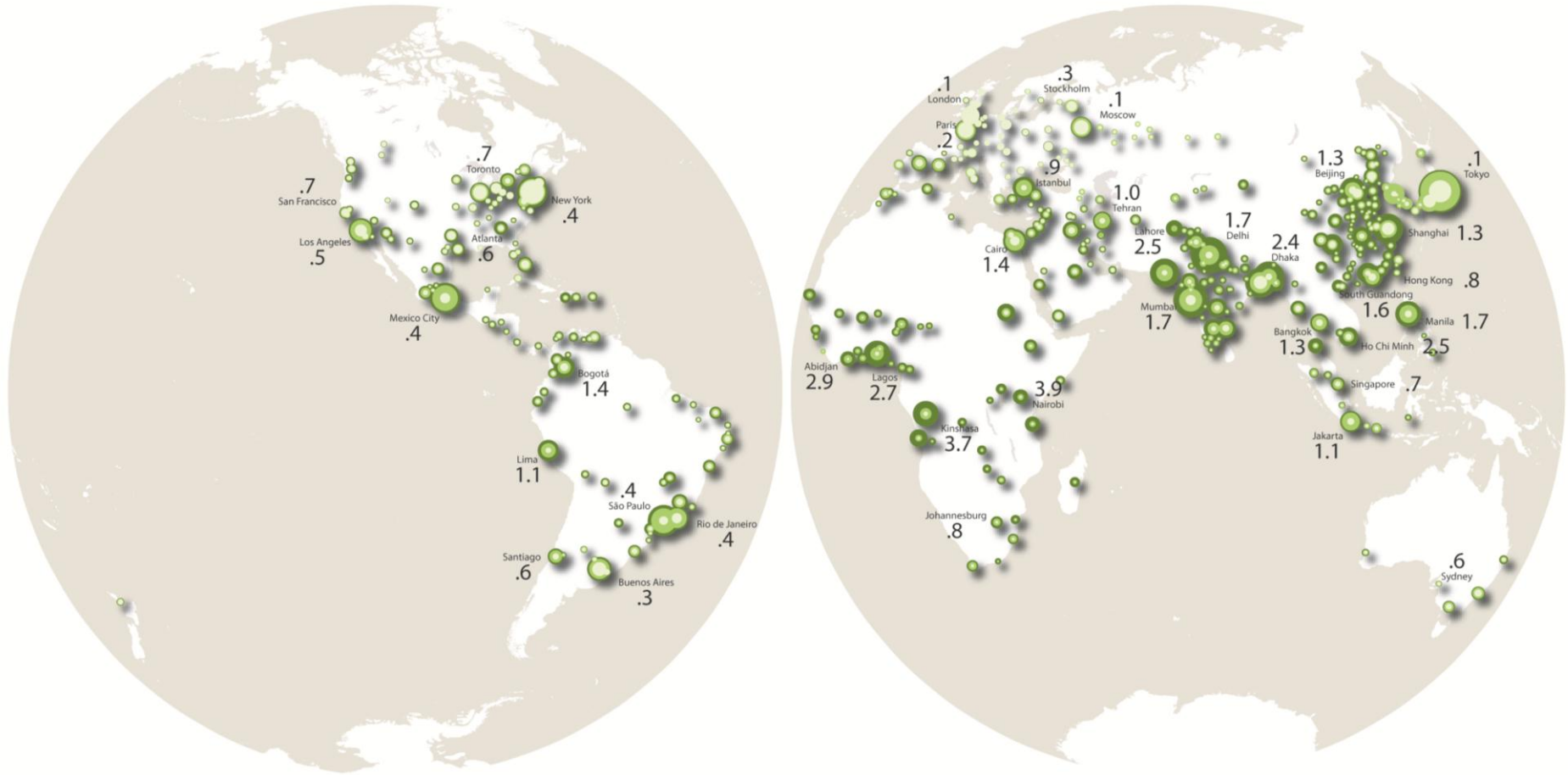
*Linking the Physical to the Social*

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# URBAN GROWTH RATES WORLDWIDE



# MEXICO CITY



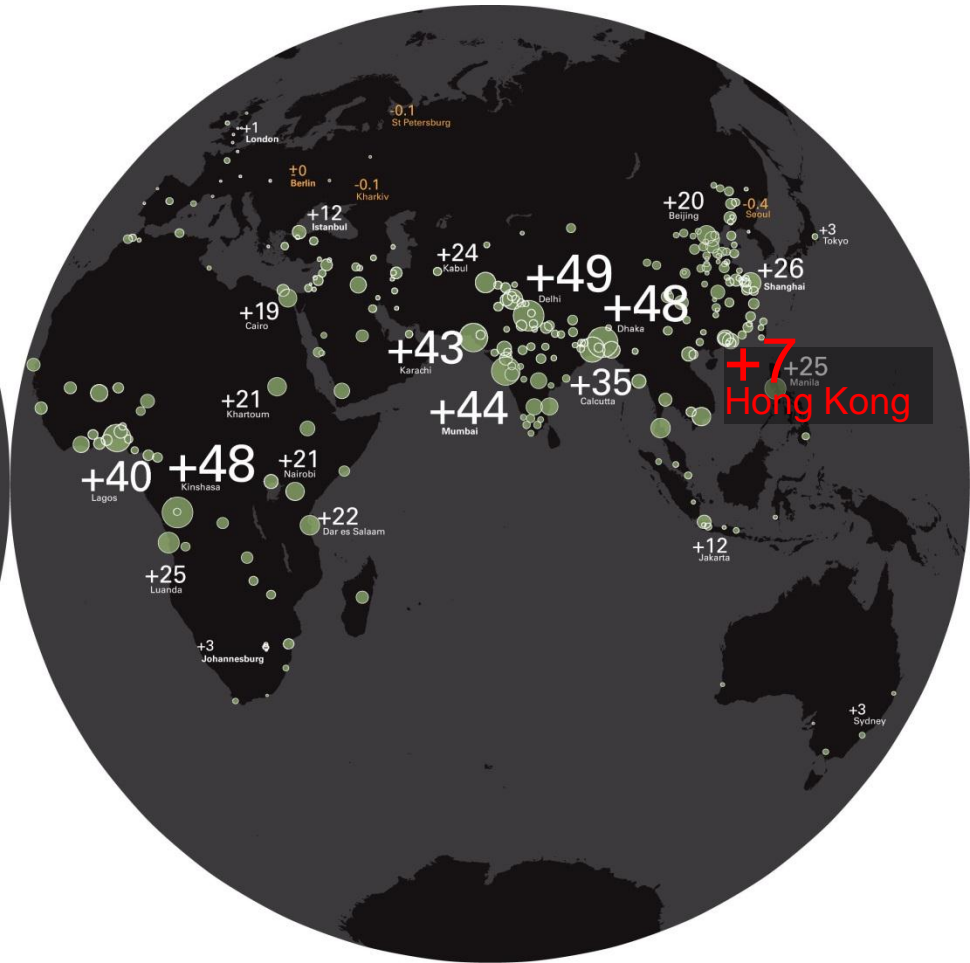


# HONG KONG



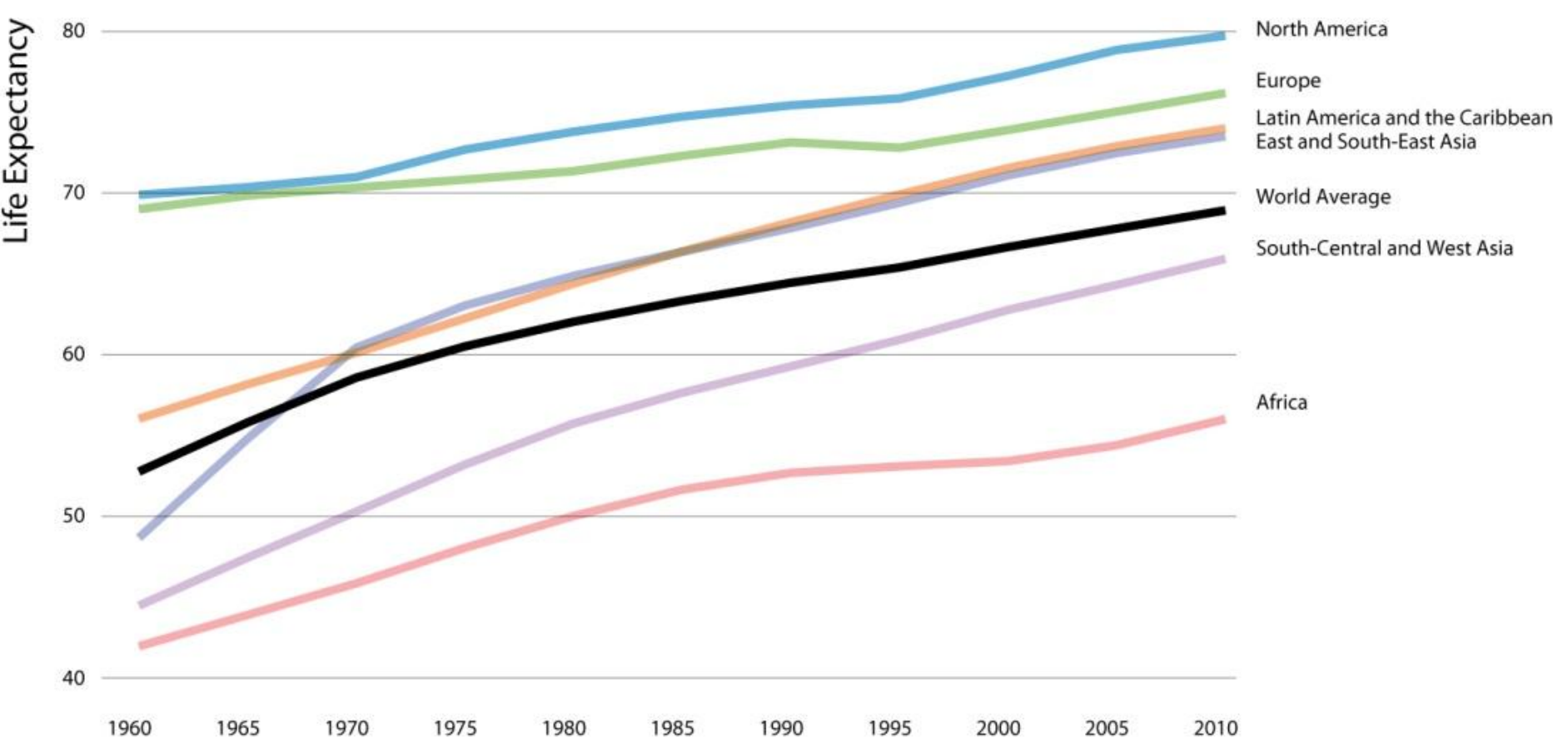


# URBAN GROWTH PER HOUR





# LIFE EXPECTANCY IN THE WORLD (1960-2010)

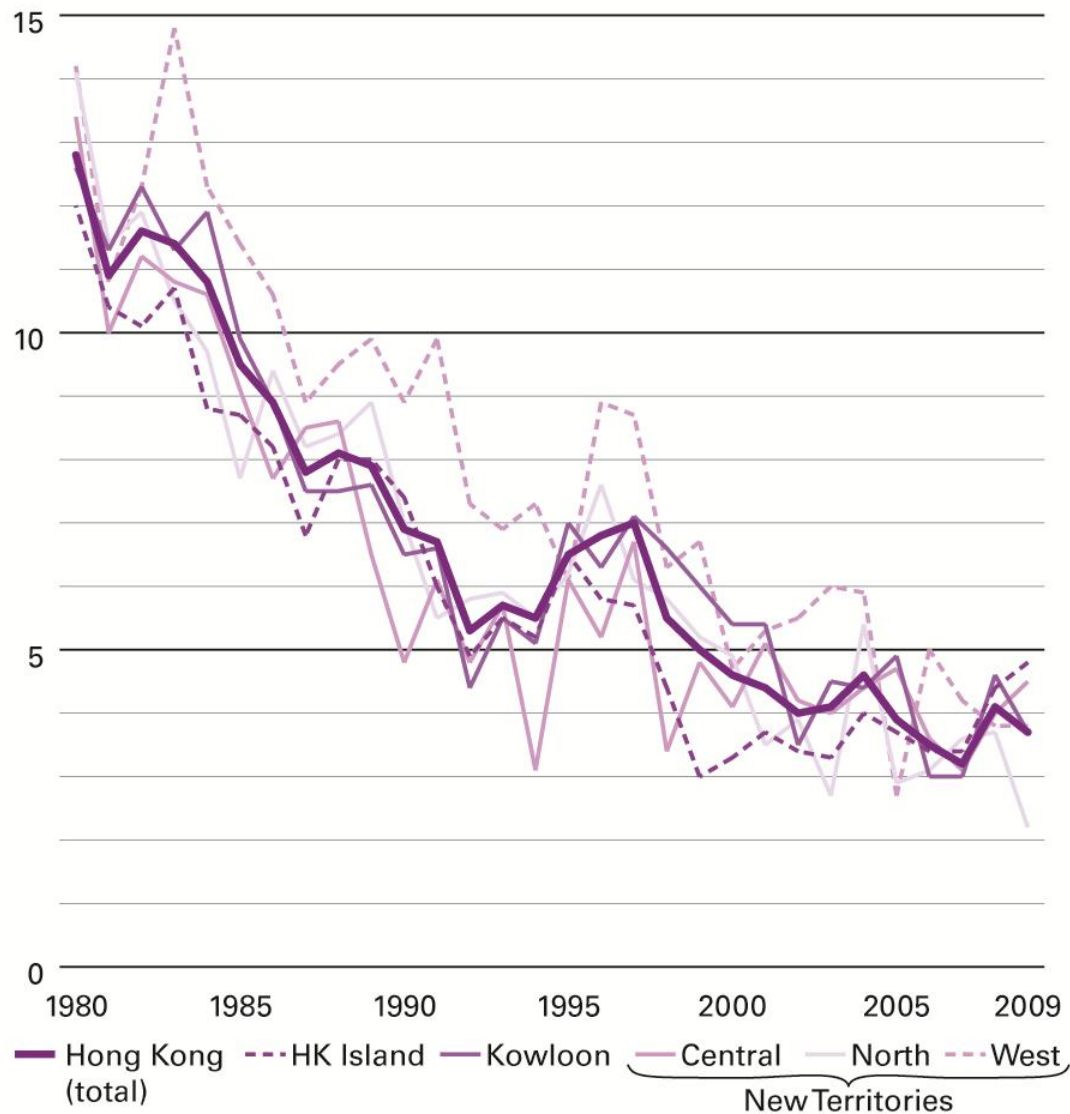






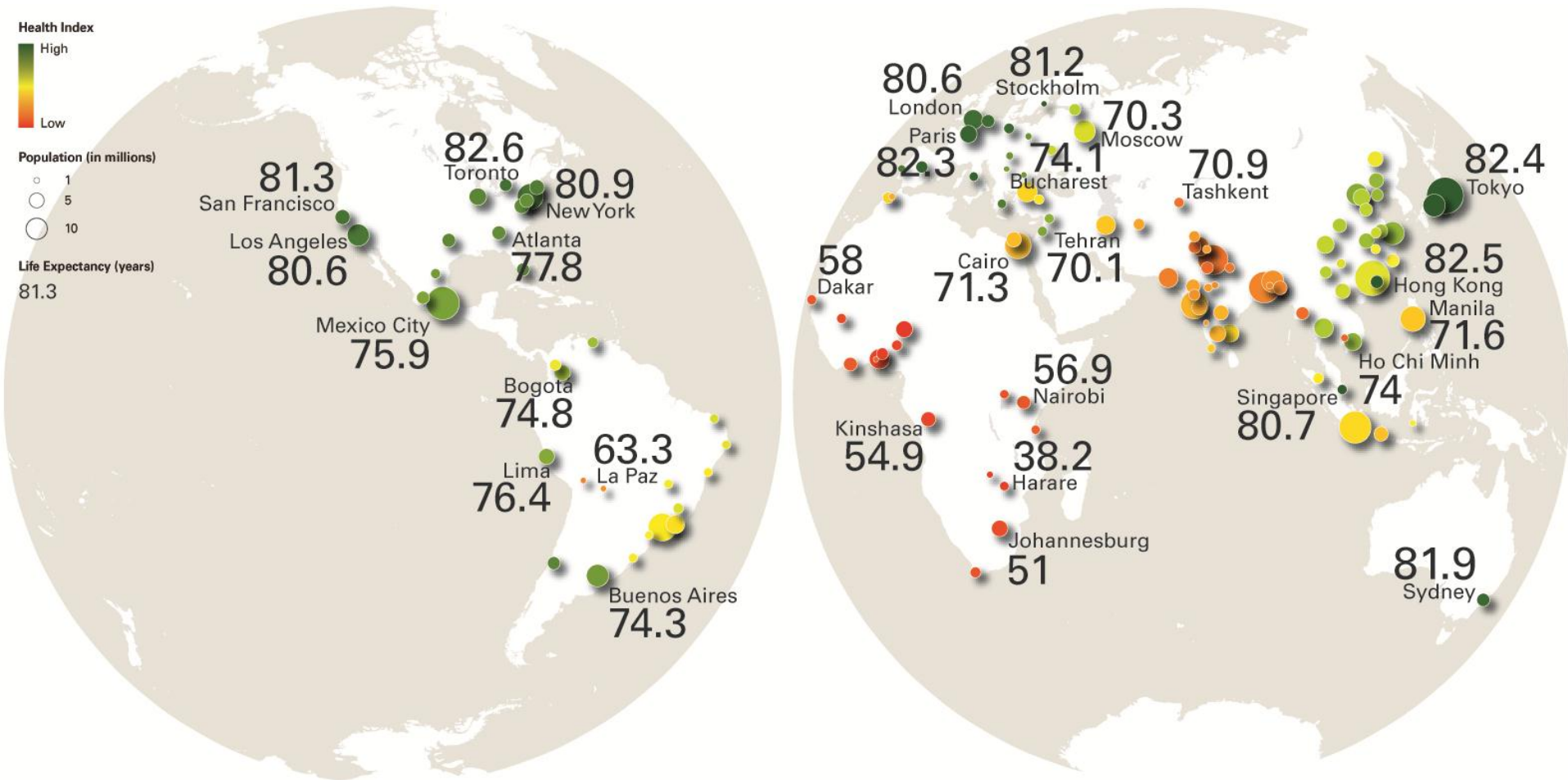
# CHILD MORTALITY IN HONG KONG (1980-2009)

child mortality rate (deaths per 1,000 live births)



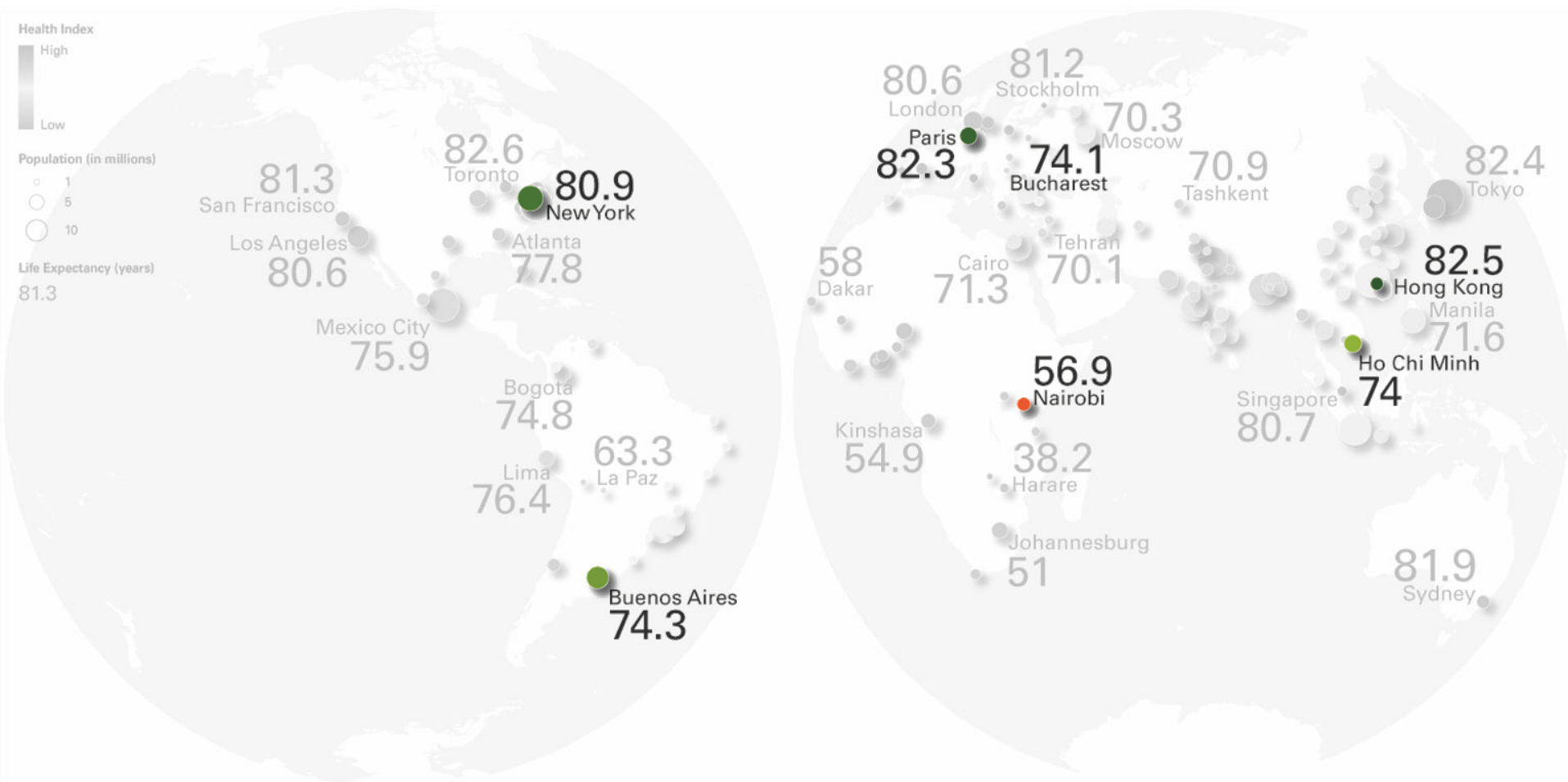


# METROPOLITAN HEALTH INDEX AND LIFE EXPECTANCY





# METROPOLITAN HEALTH INDEX AND LIFE EXPECTANCY



CITIES HEALTH AND WELL-BEING

LIFE EXPECTANCY IN SELECTED WORLD CITIES

HONG KONG	82.5
TOKYO	82.4
PARIS	82.3
STOCKHOLM	81.2
NEW YORK	80.9
SINGAPORE	80.7
LONDON	80.6
LIMA	76.4
MOSCOW	70.3
LA PAZ	63.3
JOHANNESBURG	51.0
HARARE	38.2



# WEST LONDON



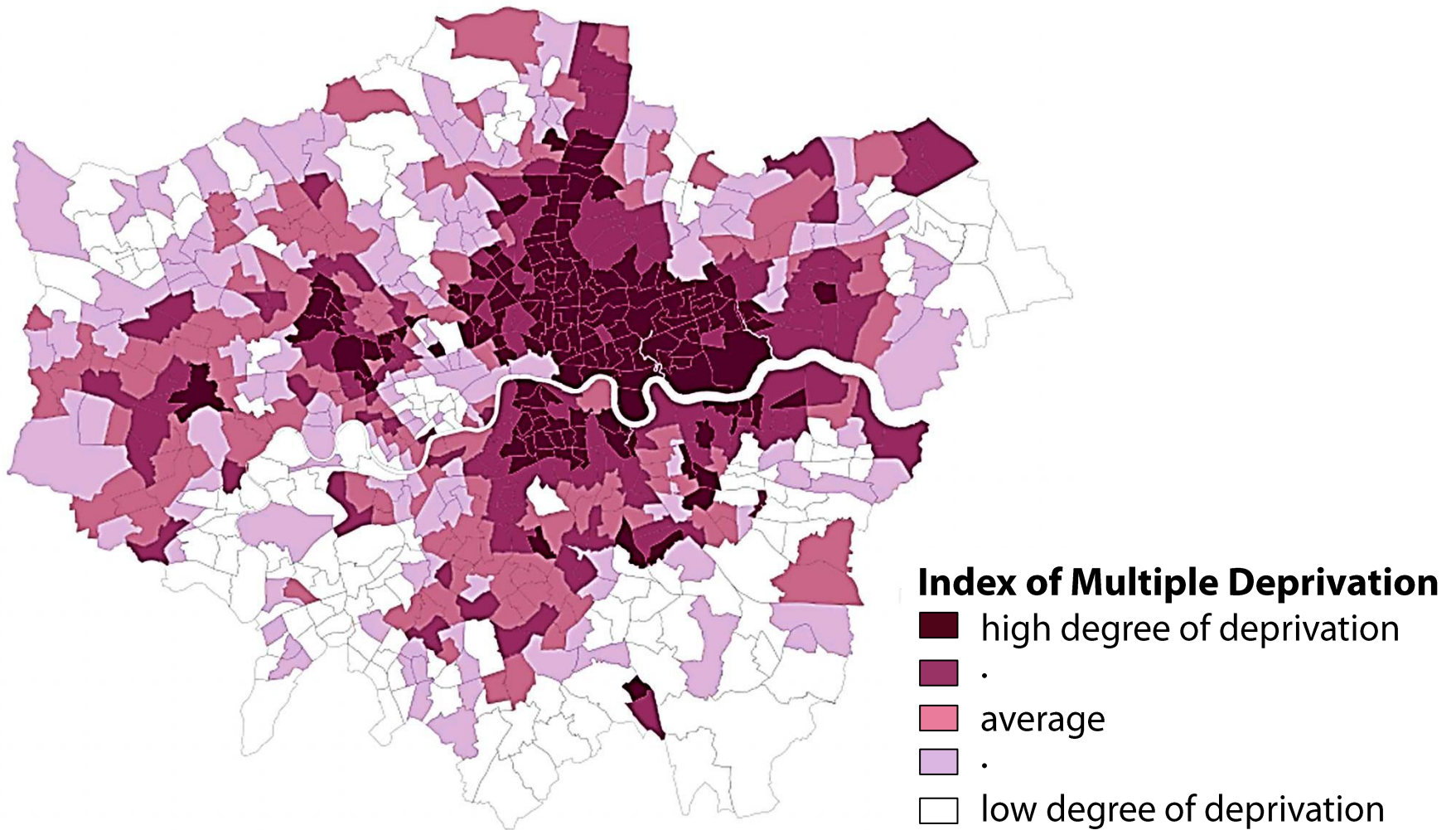


# EAST LONDON

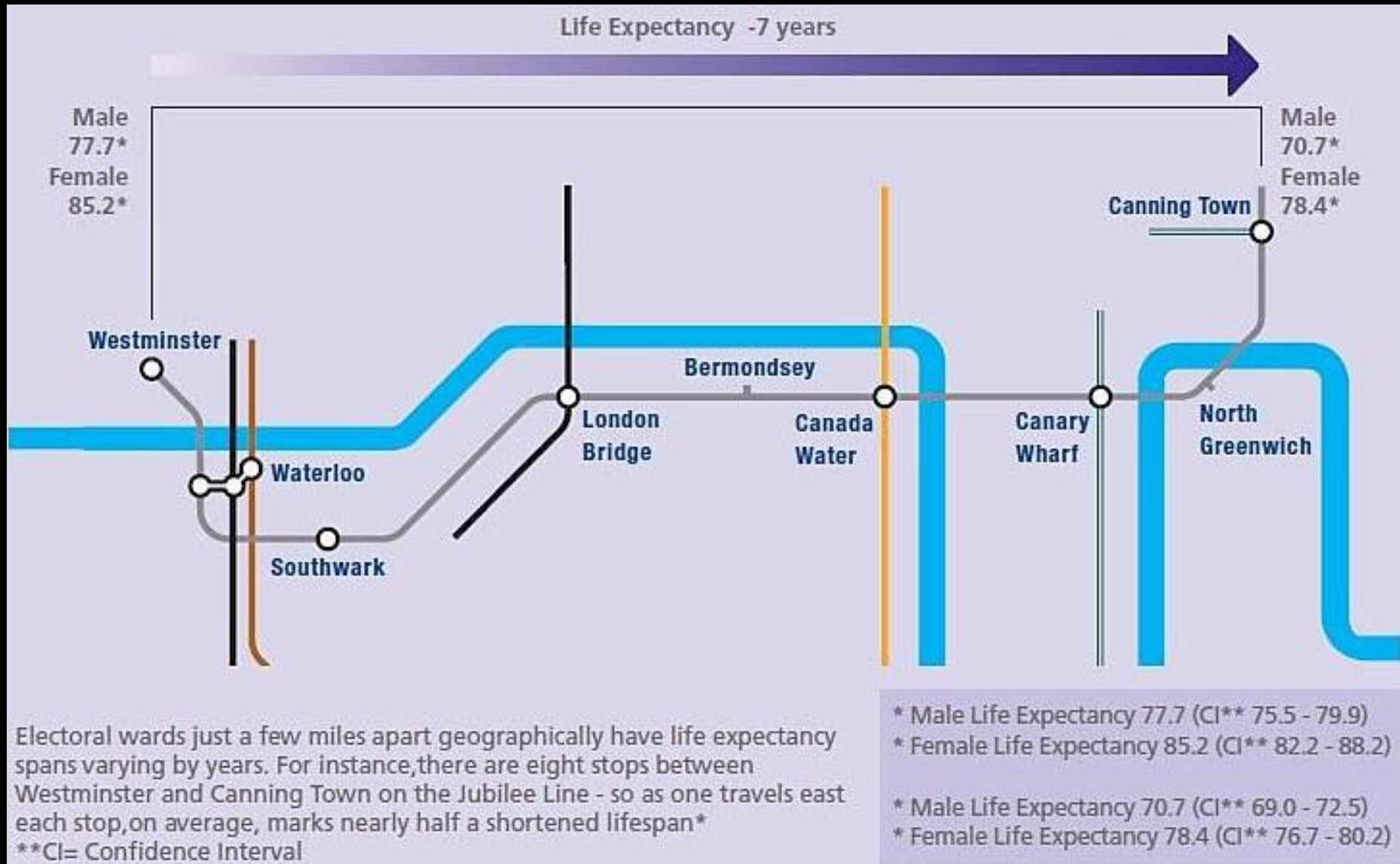




# DEPRIVATION IN LONDON



# LIFE EXPECTANCY IN LONDON







London 2012 Olympics

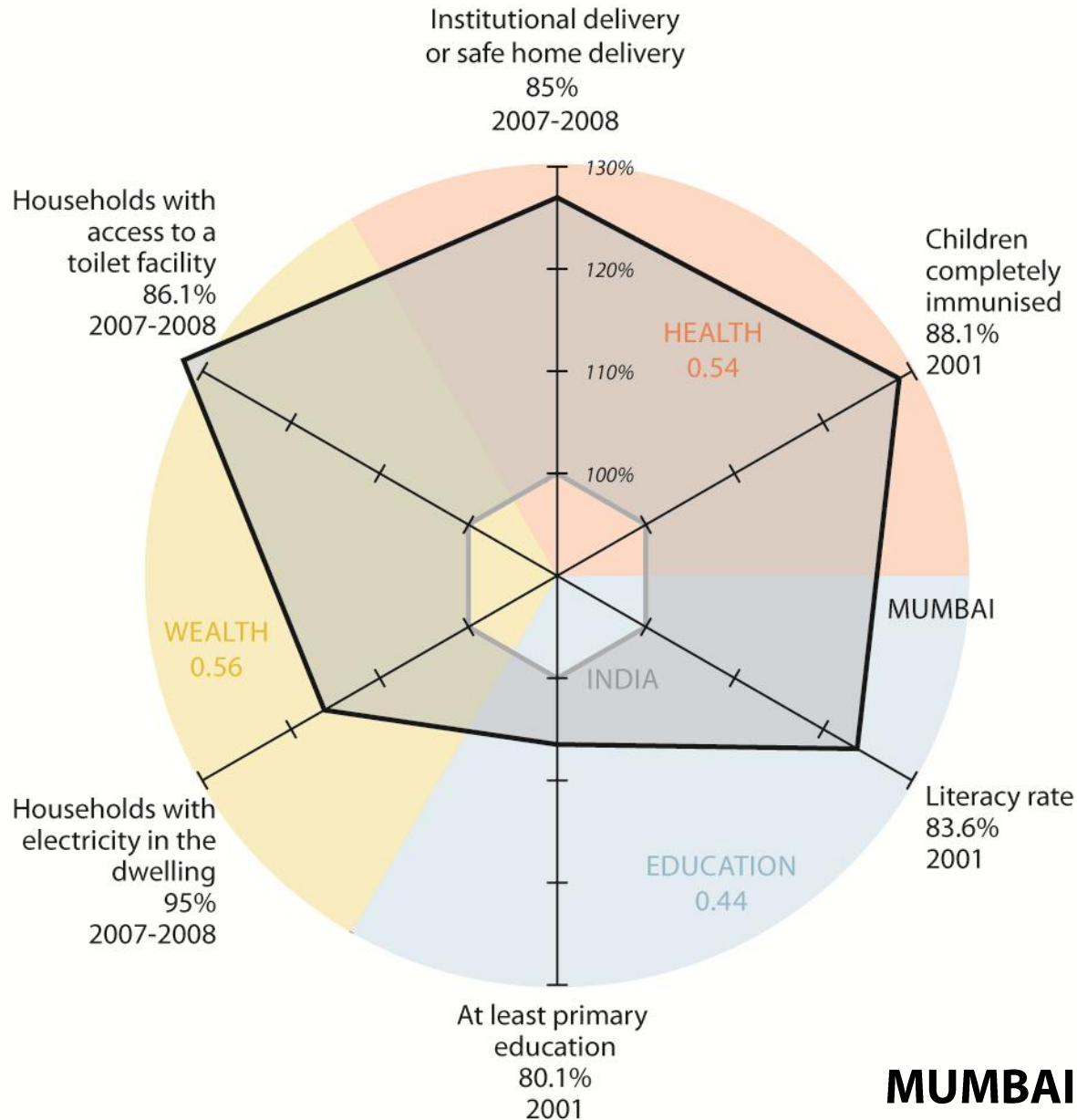


	Extended Metropolitan Region (EMR)	Nation	EMR pop. 2010	Health index	Education index	Wealth index	Extended Metropolitan Region (EMR)	Nation	EMR pop. 2010	Health index	Education index	Wealth index
	Hong Kong	Hong Kong	7,069,378	0.88	0.66	0.77	Porto Alegre	Brazil	4,264,436	0.59	0.58	0.65
	Osaka	Japan	18,488,755	0.86	0.75	0.73	Nanchang	China	4,836,946	0.59	0.54	0.60
	Tokyo	Japan	42,607,376	0.86	0.76	0.74	Curitiba	Brazil	3,446,485	0.59	0.58	0.66
	Singapore	Singapore	4,836,691	0.86	0.64	0.78	Makassar	Indonesia	2,579,112	0.59	0.50	0.49
	Stockholm	Sweden	1,990,493	0.85	0.76	0.78	Fuzhou	China	7,252,632	0.59	0.53	0.60
	Rome	Italy	4,101,228	0.83	0.73	0.74	Sao Paulo	Brazil	26,193,667	0.58	0.58	0.67
	Madrid	Spain	6,418,863	0.82	0.75	0.75	Salvador	Brazil	3,924,954	0.58	0.57	0.60
	Paris	France	12,177,135	0.82	0.73	0.78	Medan	Indonesia	5,255,905	0.58	0.53	0.50
	Berlin	Germany	4,945,877	0.81	0.79	0.71	Ankara	Turkey	4,771,716	0.58	0.55	0.66
	Sydney	Australia	7,253,400	0.81	0.89	0.75	Rio de Janeiro	Brazil	13,331,714	0.58	0.58	0.64
	Randstad	Netherlands	6,969,690	0.80	0.77	0.77	Jakarta	Indonesia	34,772,342	0.58	0.51	0.51
	London	United Kingdom	14,830,051	0.79	0.71	0.77	Istanbul	Turkey	15,613,932	0.57	0.52	0.68
	Toronto	Canada	6,456,145	0.79	0.79	0.76	Chennai	India	12,397,681	0.57	0.44	0.55
	San Francisco-San Jose	USA	9,143,536	0.79	0.81	0.80	Casablanca	Morocco	5,619,089	0.57	0.42	0.53
	New York	USA	23,514,804	0.78	0.80	0.79	Kochi	India	3,279,860	0.57	0.45	0.53
	Lisbon	Portugal	2,845,126	0.78	0.66	0.73	Manila	Philippines	23,065,889	0.56	0.62	0.55
	Los Angeles	USA	17,950,451	0.77	0.78	0.78	Tehran	Iran	14,795,116	0.55	0.59	0.63
	Athens	Greece	4,123,518	0.77	0.77	0.75	Surabaya	Indonesia	8,728,602	0.55	0.51	0.49
	Boston	USA	9,073,643	0.77	0.81	0.79	Alexandria	Egypt	9,433,514	0.55	0.50	0.55
	Miami	USA	7,432,017	0.76	0.79	0.77	Cairo	Egypt	24,243,250	0.54	0.50	0.54
	Santiago	Chile	6,921,403	0.76	0.68	0.66	Mumbai	India	26,167,972	0.54	0.44	0.56
	Chicago	USA	11,599,646	0.75	0.79	0.78	Hyderabad	India	9,306,634	0.54	0.42	0.56
	Dallas	USA	7,731,414	0.74	0.78	0.77	Bangalore	India	10,576,167	0.54	0.43	0.56
	Washington DC-Baltimore	USA	9,489,664	0.73	0.81	0.81	Rabat	Morocco	2,648,773	0.53	0.43	0.53
	Atlanta	USA	7,506,267	0.73	0.79	0.78	Pune	India	9,426,959	0.52	0.43	0.54
	Philadelphia	USA	7,903,476	0.73	0.80	0.79	Mashhad	Iran	5,940,766	0.52	0.57	0.61
	Warsaw	Poland	2,472,713	0.73	0.72	0.74	Ahmadabad	India	8,595,678	0.51	0.43	0.56
	Budapest	Hungary	2,930,934	0.72	0.78	0.73	Ludhiana	India	3,487,882	0.51	0.43	0.58
	Bucharest	Romania	1,948,038	0.67	0.76	0.75	Indore	India	3,272,335	0.51	0.42	0.53
	Monterrey	Mexico	4,653,458	0.66	0.63	0.67	Islamabad-Rawalpindi	Pakistan	5,814,142	0.50	0.39	0.54
	Buenos Aires	Argentina	18,485,510	0.66	0.68	0.67	Hubli-Dharwad	India	1,846,993	0.50	0.41	0.48
	Belgrade	Serbia	2,253,185	0.65	0.68	0.62	Santa Cruz	Bolivia	1,992,709	0.50	0.66	0.57
	Mexico City	Mexico	35,418,952	0.64	0.62	0.64	Surat	India	6,079,231	0.49	0.42	0.53
	Damascus	Syrian Arab Republic	4,477,000	0.64	0.43	0.54	Dhaka	Bangladesh	18,105,000	0.49	0.37	0.40
	Guadalajara	Mexico	7,350,682	0.64	0.61	0.65	Bhopal	India	2,368,145	0.48	0.42	0.54
	Lima	Peru	10,054,952	0.63	0.70	0.63	Khulna	Bangladesh	2,294,000	0.48	0.38	0.38
	Beijing	China	17,487,816	0.63	0.54	0.65	Chittagong	Bangladesh	7,509,000	0.47	0.36	0.41
	Aleppo	Syrian Arab Republic	4,744,000	0.62	0.36	0.49	Kolkata	India	33,084,734	0.47	0.41	0.53
	Ho Chi Minh City	Viet nam	12,592,100	0.62	0.47	0.49	Karachi	Pakistan	14,270,132	0.47	0.39	0.60
	Shanghai	China	19,553,651	0.62	0.53	0.67	La Paz	Bolivia	1,908,813	0.47	0.66	0.52
	Shenyang-Fushun	China	9,587,314	0.62	0.54	0.63	Lucknow	India	4,588,455	0.45	0.41	0.51
	Dalian	China	6,296,304	0.61	0.53	0.66	Lahore	Pakistan	13,335,777	0.45	0.37	0.55
	Wuhan	China	9,202,994	0.61	0.53	0.62	Tashkent	Uzbekistan	4,789,500	0.45	0.63	0.49
	Caracas	Venezuela	5,431,709	0.61	0.53	0.63	Delhi	India	30,141,583	0.44	0.43	0.56
	Bogot#	Colombia	9,840,818	0.61	0.61	0.62	Yangon	Myanmar	7,122,722	0.42	0.39	0.45
	Nanjing	China	8,060,882	0.61	0.53	0.64	Jaipur	India	6,663,971	0.42	0.41	0.50
	Bangkok	Thailand	14,190,762	0.61	0.56	0.63	Faisalabad	Pakistan	7,055,417	0.41	0.34	0.41
	Xi'an	China	8,611,430	0.61	0.54	0.57	Phnom Penh	Cambodia	2,746,038	0.40	0.47	0.48
	Tianjin	China	12,142,489	0.61	0.53	0.64	Cotonou	Benin	1,523,836	0.37	0.40	0.40
	Saint Petersburg	Russian Federation	6,137,260	0.61	0.66	0.67	Dar es Salaam	Tanzania	4,149,873	0.36	0.33	0.41
	Kunming	China	6,435,490	0.61	0.53	0.57	Abidjan	Cote d'Ivoire	7,845,100	0.36	0.31	0.42
	Jinan	China	6,877,240	0.61	0.53	0.62	Dakar	Senegal	4,514,693	0.35	0.39	0.44
	Chengdu	China	13,184,294	0.61	0.54	0.59	Nairobi	Kenya	7,806,748	0.34	0.51	0.44
	Kiev	Ukraine	4,506,900	0.61	0.77	0.60	Cape Town	South Africa	5,223,900	0.31	0.61	0.61
	Hefei	China	5,130,599	0.61	0.53	0.60	Kampala	Uganda	3,840,400	0.30	0.45	0.41
	Hanoi	Viet nam	9,633,100	0.60	0.47	0.50	Johannesburg	South Africa	11,191,700	0.30	0.62	0.62
	Fortaleza	Brazil	3,950,596	0.60	0.56	0.55	Bamako	Mali	4,414,117	0.22	0.23	0.37
	Moscow	Russian Federation	17,928,071	0.60	0.65	0.69	Kinshasa	Congo, DRC	9,426,523	0.22	0.36	0.21
	Guiyang	China	4,035,935	0.60	0.53	0.55	Abuja	Nigeria	4,957,411	0.21	0.39	0.47
	Belo Horizonte	Brazil	5,453,312	0.60	0.58	0.63	Lagos	Nigeria	15,373,213	0.20	0.44	0.46
	South Guandong	China	40,437,810	0.60	0.54	0.67	Harare	Zimbabwe	3,847,834	0.20	0.50	0.13
	Recife	Brazil	4,054,966	0.60	0.56	0.57	Ibadan	Nigeria	6,322,614	0.19	0.41	0.44
	Harbin	China	10,350,973	0.60	0.54	0.58	Lusaka	Zambia	2,467,467	0.18	0.41	0.40
	Medellin	Colombia	6,065,846	0.60	0.56	0.59	Kano	Nigeria	10,643,633	0.17	0.33	0.38
	Brasilia	Brazil	4,164,421	0.59	0.58	0.66						

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Osaka	Japan	18,488,755	0.86	0.75	0.73						0.60
Tokyo	Japan	42,607,376	0.86	0.76	0.74						0.50
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											0.64
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Madrid	Spain	6,418,863	0.82	0.75	0.75						0.55
Paris	France	12,177,135	0.82	0.73	0.78						0.53
Berlin	Germany	4,945,877	0.81	0.79	0.71						0.53
											0.55
Sydney	Australia	7,253,400	0.81	0.89	0.75						0.63
Randstad	Netherlands	6,969,690	0.80	0.77	0.77						0.49
											0.55
London	United Kingdom	14,830,051	0.79	0.71	0.77						0.54
											0.56
Toronto	Canada	6,456,145	0.79	0.79	0.76						0.61
San Francisco-San Jose	USA	9,143,536	0.79	0.81	0.80						0.56
New York	USA	23,514,804	0.78	0.80	0.79						0.58
											0.53
Lisbon	Portugal	2,845,126	0.78	0.66	0.73						0.54
											0.38
Los Angeles	USA	17,950,451	0.77	0.78	0.78						0.41
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Athens	Greece	4,123,518	0.77	0.77	0.75						0.60
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Boston	USA	9,073,643	0.77	0.81	0.79						0.51
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Santiago	Chile	6,921,403	0.76	0.68	0.66						0.56
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South Guandong	China	40,437,810	0.60	0.54	0.67	Harare	Zimbabwe	3,847,834	0.20	0.50	0.13
Recife	Brazil	4,054,966	0.60	0.56	0.57	Ibadan	Nigeria	6,322,614	0.19	0.41	0.44
Harbin	China	10,350,973	0.60	0.54	0.58	Lusaka	Zambia	2,467,467	0.18	0.41	0.40
Medellin	Colombia	6,065,846	0.60	0.56	0.59	Kano	Nigeria	10,643,633	0.17	0.33	0.38
Brasília	Brazil	4,164,421	0.59	0.58	0.66						



# HEALTH IN CITIES VS. COUNTRIES

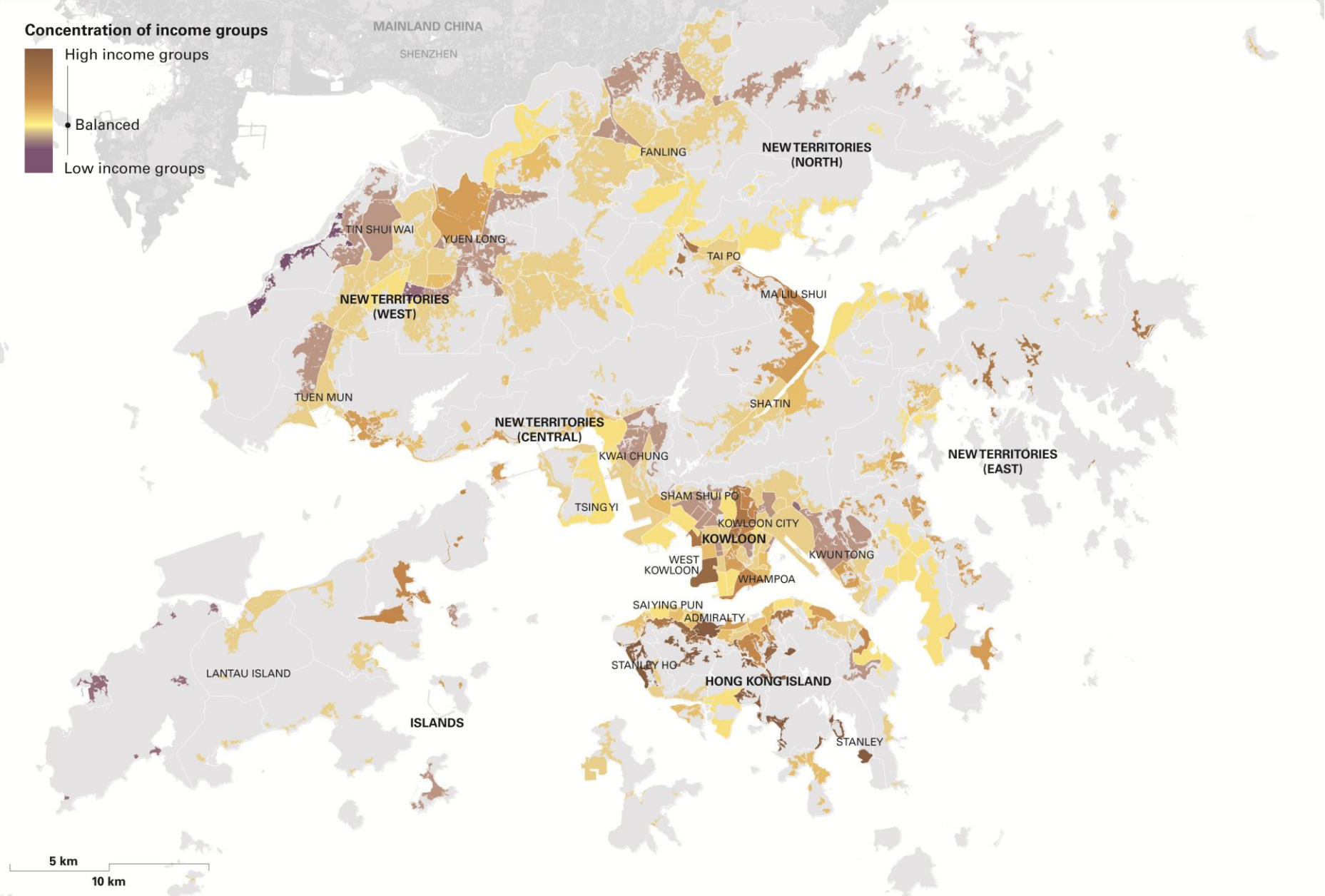


# HONG KONG



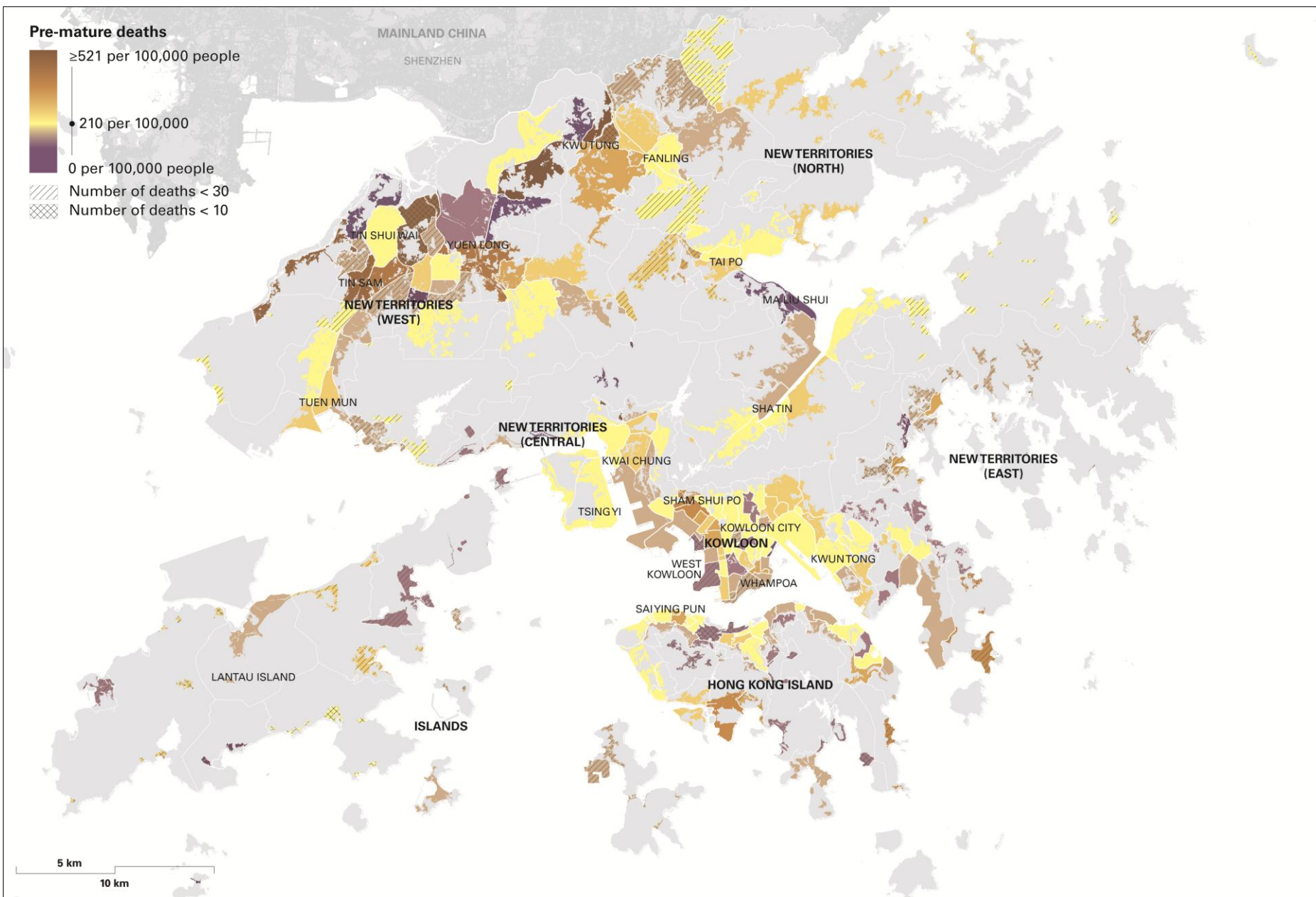


# SOCIAL INEQUALITIES IN HONG KONG

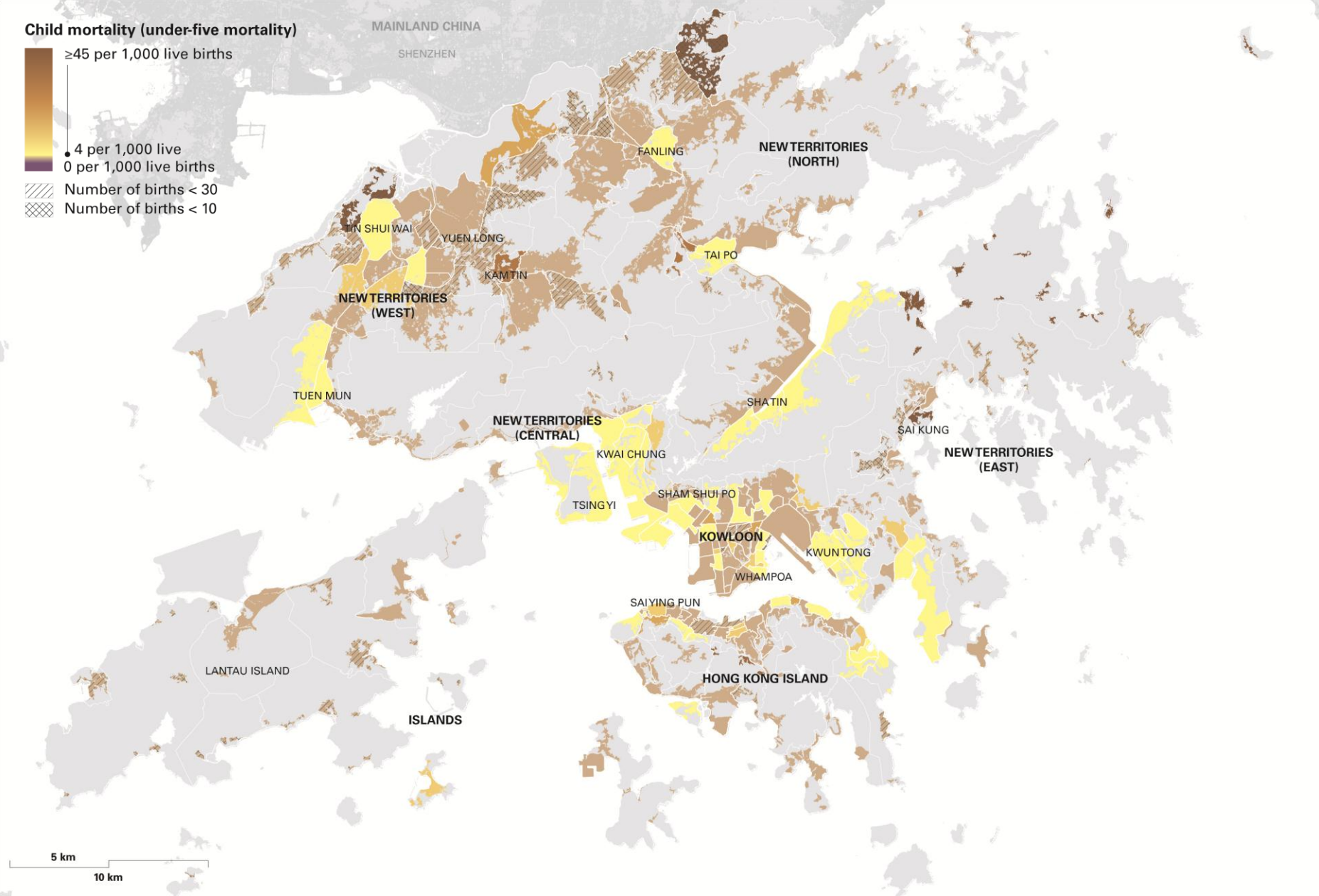




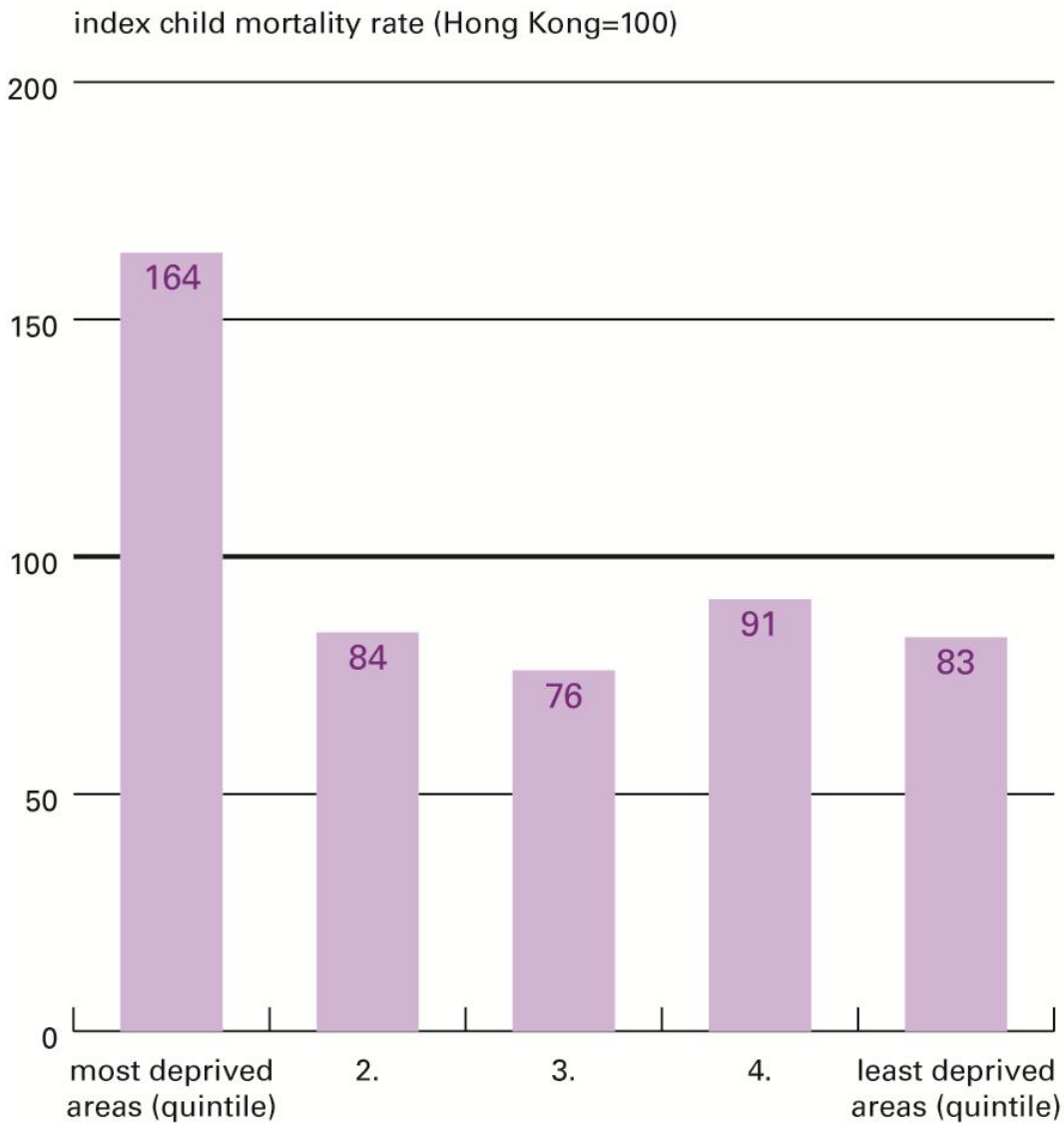
# PREMATURE MORTALITY IN HONG KONG (BEFORE 75 YEARS)



# CHILD MORTALITY IN HONG KONG



# CHILD MORTALITY AND DEPRIVATION IN HONG KONG













# URBAN DENSITY

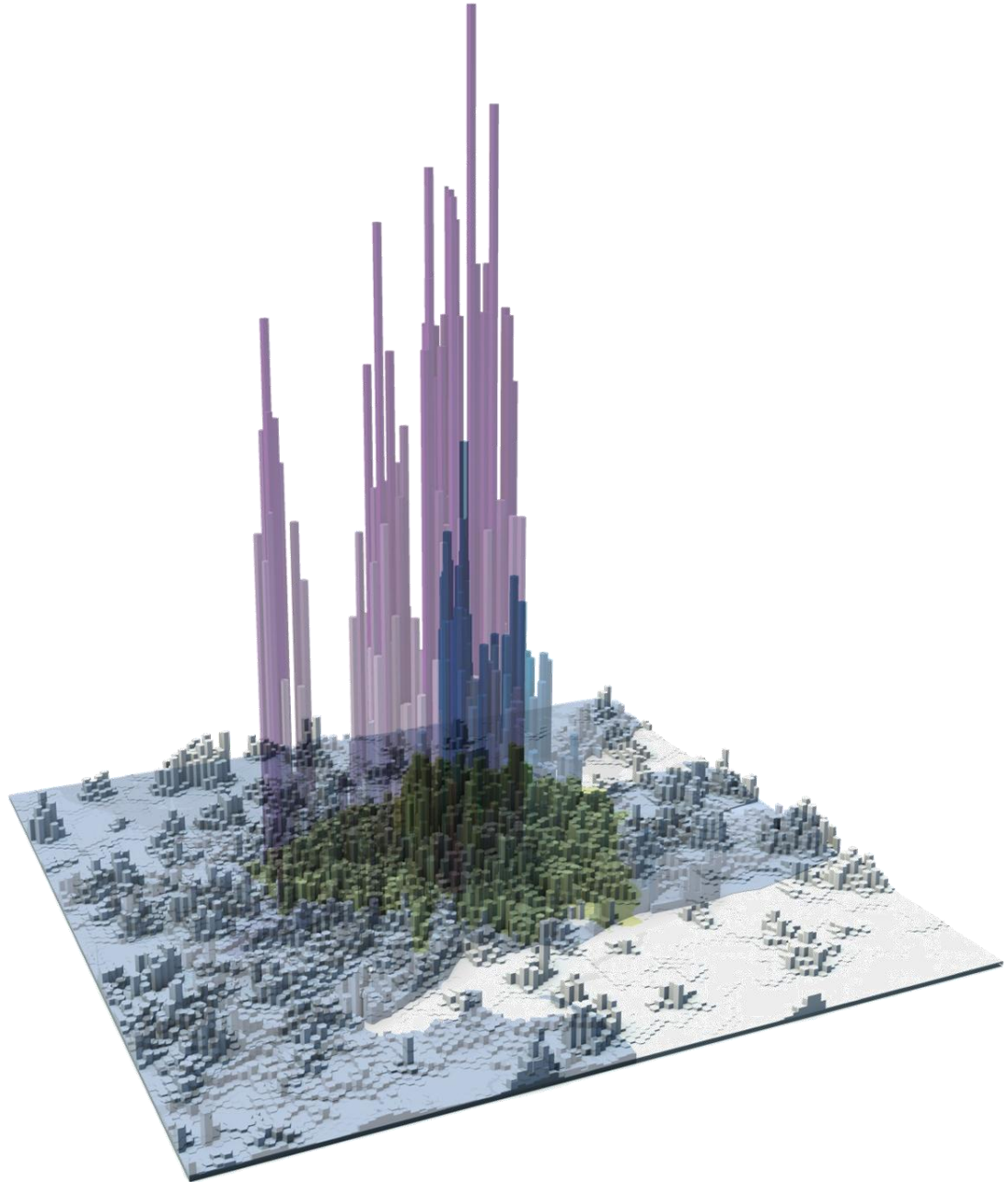
**HONG KONG** 111,100 pp/km<sup>2</sup>

**NEW YORK** 58,500 pp/km<sup>2</sup>

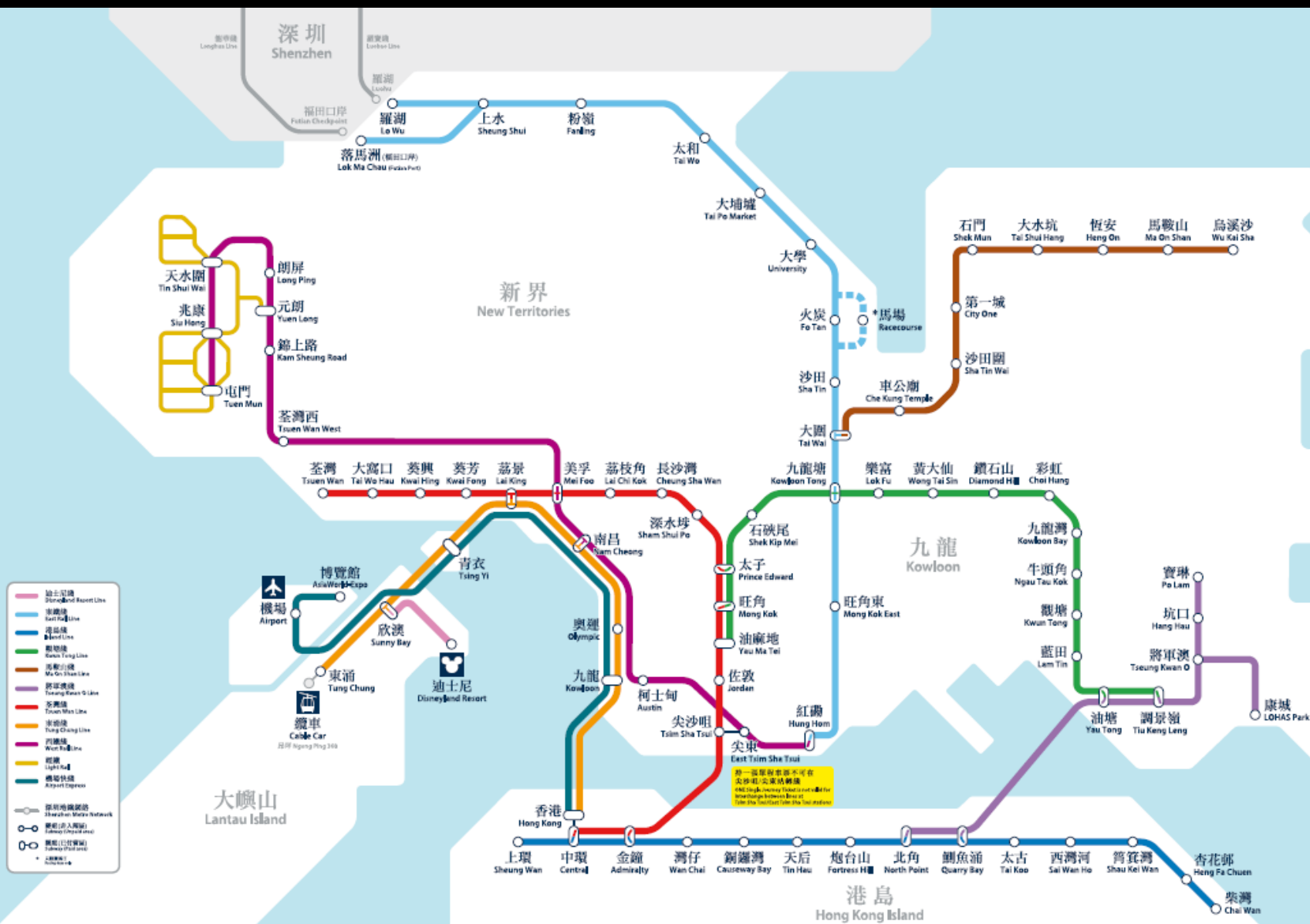
**LONDON** 17,300 pp/km<sup>2</sup>

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peak density



# HONG KONG MTR NETWORK





“I think we have the best transport here. I moved into the area here just because of this.”

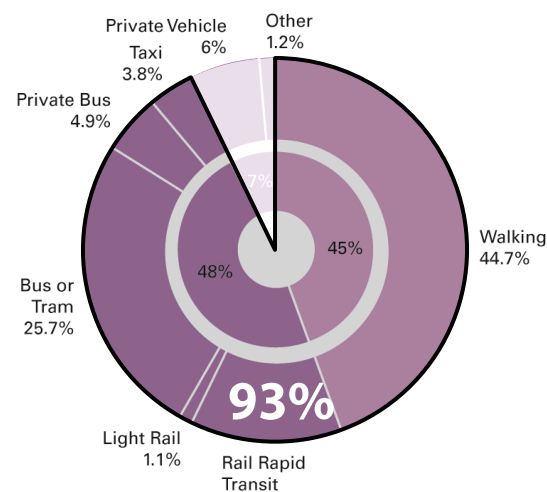
*Aunt Kwok, 73, retired  
Sham Shui Po, Kowloon*

“Although Hong Kong is dense, it is still convenient. We don’t have to spend a long time travelling to the destination. Amenity-wise ... it is good enough.”

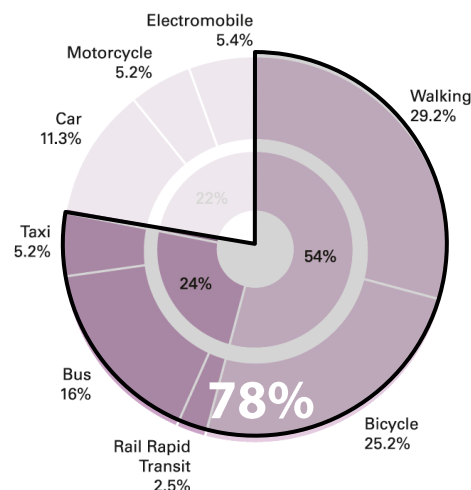
*Shan, 18, student  
Whampoa, Kowloon*



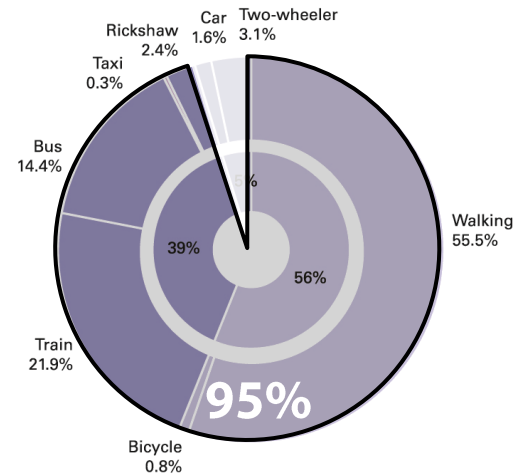
# MODAL SPLITS



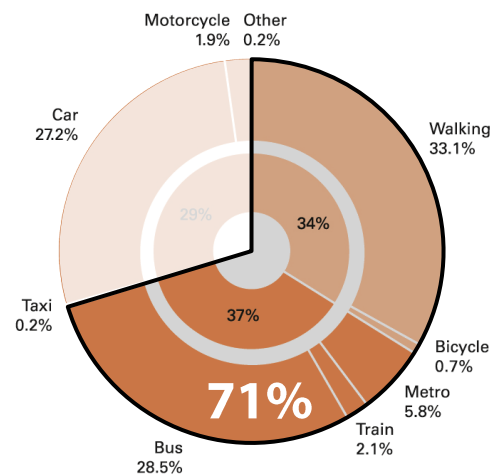
HONG KONG



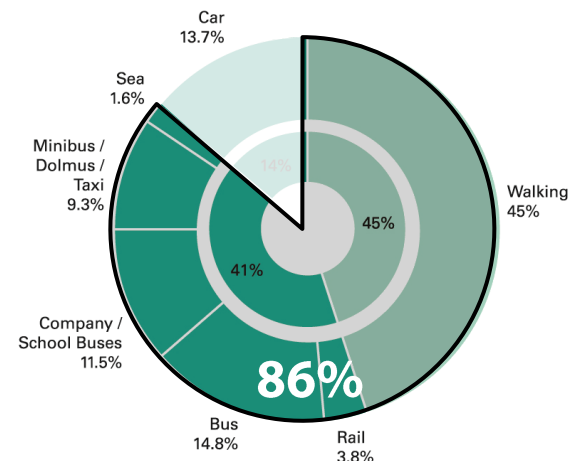
SHANGHAI



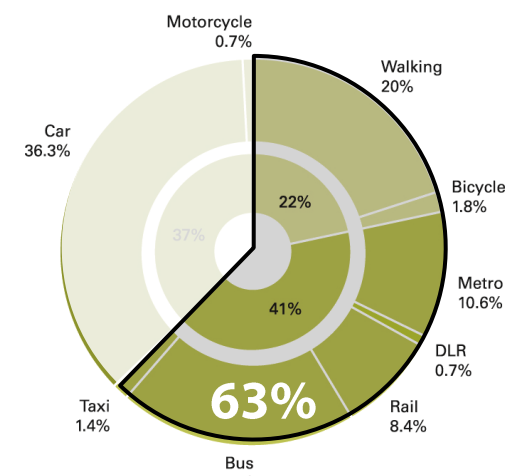
MUMBAI



SÃO PAULO



ISTANBUL



LONDON



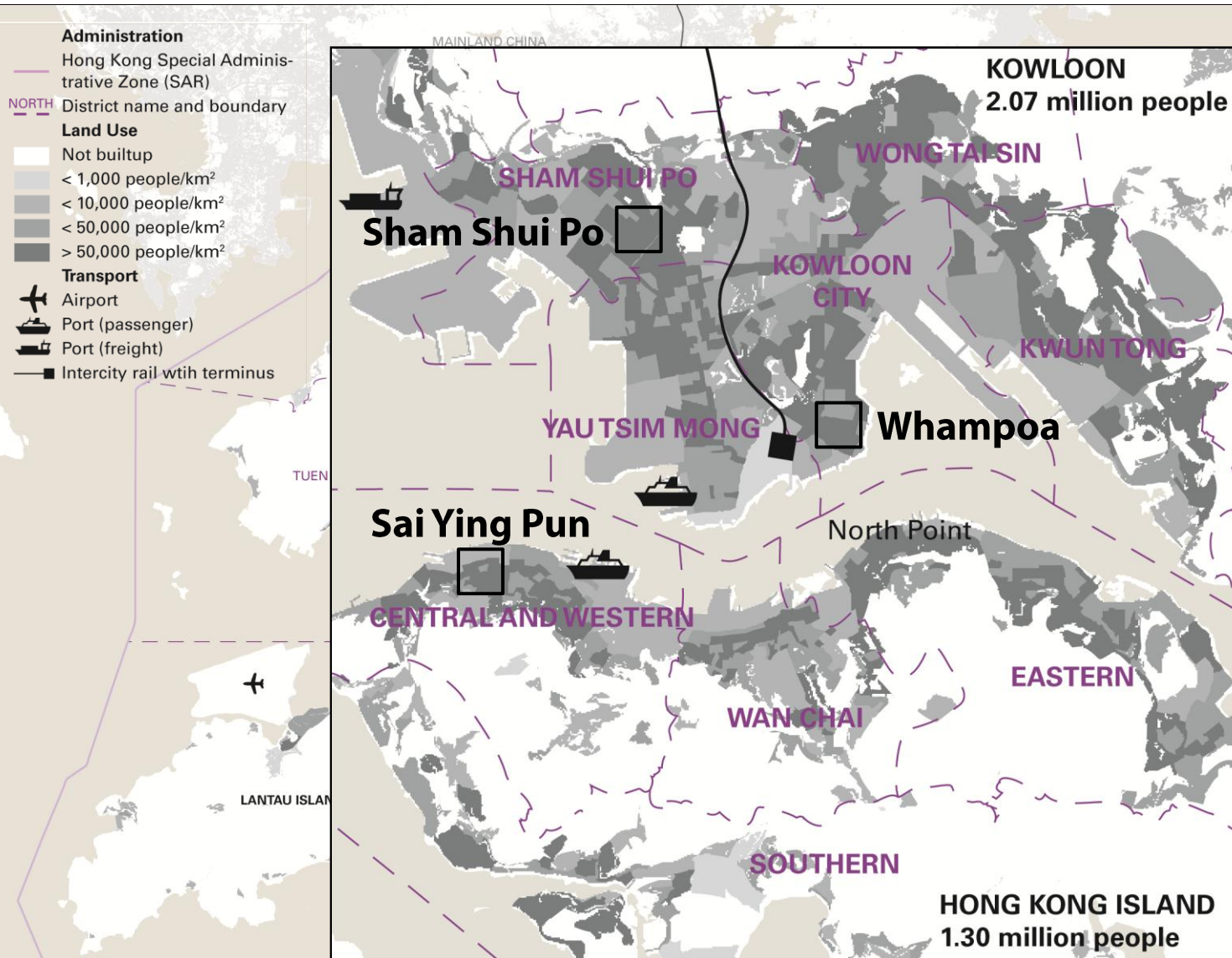




“Time matters in Hong Kong.”

*Mrs Fok, 53, retired  
Sai Ying Pun, Hong Kong Island*

# HIGH DENSITY IN HONG KONG







## SHAM SHUI PO

“If the neighbouring flat has their air conditioner turned on, the hot air from their air conditioner would affect you. So everyone now has to turn on their air conditioners ... The air quality is not so good and I always cough.”

*Ms Kwong, 61  
Sham Shui Po, Kowloon*





洋  
中國  
酒  
總匯





## SAI YING PUN

“You can touch the flat next to yours if you reached out your hands.”

*Mr Ng, 58, retired  
Sai Ying Pun, Hong Kong Island*



# KOWLOON, HONG KONG





“I wasn’t experienced and I was so happy that I invited my colleagues to my home. The gross floor area was merely 300 feet, it was so cramped that ... everyone sat in rows as if they were at the cinema ... they said I had overestimated myself ... since then I’ve never invited anyone to my home.”

*Mrs Fok, 53, retired  
Sai Ying Pun, Hong Kong Island*





“The success of a city cannot be measured only by its financial prowess; the mental health and the well-being of its residents must also be considered.”

*Paul Yip  
Director, HKJC Centre for Suicide Research and Prevention, HKU*

# CITIES HEALTH AND WELL-BEING - URBAN AGE HONG KONG

## CONCLUSIONS

- breaking point of high-density vs liveability
- impact on quality of life and well-being
- negative effect of regeneration policies
- reconsider planning and governance strategies
- understand the role of design and public space in making healthy cities



